

PRODUCT DATA SHEET

BASIC PRENATAL

DESCRIPTION

Dietary Supplement

Basic Prenatal

Supplement Facts

Serving Size: Three Capsules Servings Per Container: 30

Three Capsules Contain:		% DV
Vitamin A (as 2,000 IU Palmitate and 3,000 IU Mixed Carotenes)	5000 IU.	100%
Vitamin C (as Ascorbic Acid)	150 mg.	250%
Vitamin D (as Vitamin D3)	1000 IU.	250%
Vitamin E (as d-Alpha-Tocopheryl)	50 IU.	167%
Vitamin K (as Vitamin K1)	100 mcg.	*
Thiamine (as Thiamine HCl)	4 mg.	264%
Riboflavin (as Riboflavin 5'- Phosphate)	3.6 mg.	212%
Niacin (as Niacinamide)	30 mg.	150%
Vitamin B6 (as Pyridoxal 5'- Phosphate)	10 mg.	500%
Folate (500 mcg as Calcium Folate and 500 mcg as 5-Methyl-tetrahydrofolate)	1000 mcg.	250%
Vitamin B12 (100 mcg as Adenosylcobalamin and 100 mcg as Methylcobalamin)	200 mcg.	3334%
Biotin	50 mcg.	17%
Pantothenic Acid (as Calcium Pantothenate)	16 mg.	160%
Calcium (as Calcium Citrate-Malate)	200 mg.	20%
Iron (as Iron Picolinate)	45 mg.	250%
Iodine (as Potassium Iodide)	150 mcg.	100%
Magnesium (as Magnesium Citrate-Malate)	100 mg.	25%
Zinc (as Zinc Picolinate)	25 mg.	167%
Selenium (as Selenium Picolinate)	50 mcg.	*
Copper (as Copper Picolinate)	2 mg.	100%
Manganese (as Manganese Picolinate)	5 mg.	*
Chromium (as Chromium Picolinate)	100 mcg.	*
Molybdenum (as Molybdenum Picolinate)	50 mcg.	*
Boron (as Boron Picolinate)	1 mg.	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,[†] Silicon Dioxide.[†]

[†]A hypoallergenic ingredient used to fill space.

VMP / 90 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Basic Prenatal is supplied in bottles of 90 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Basic Prenatal is contraindicated in a patient with a history of hypersensitivity to any of their ingredients.

Copper is contraindicated in a patient with Wilson's disease.

Iodine may occasionally cause an allergic reaction in some individuals.

INTERACTIONS

As vitamin K interferes with the effect of anticoagulant drugs (like coumadin), the concurrent use of these agents should be avoided.

Folinic acid supplementation is not recommended concurrently with methotrexate cancer therapy, as it can interfere with methotrexate's anti-neoplastic activity; however, folinic acid has not been shown to interfere with the anti-inflammatory activity of methotrexate. A patient taking methotrexate for psoriasis, rheumatoid arthritis, or juvenile rheumatoid arthritis can safely take a folate supplement.

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they are raising their standards
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PREGNANCY WARNING

Some women may reduce their risk of having a child with birth defects of the brain and spinal cord by maintaining adequate intakes of folate during their childbearing years. The safe upper limit of daily intake value of folate is 1000 mcg. Folate needs to be consumed as part of a woman's healthful diet.

DOSAGE

Adult patients: 1 capsule three times daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

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